

2022 ANNUAL REPORT Thank you for supporting our mission to provide comprehensive care to our communities in Fauquier and Rappahannock Counties.

This year we received over



## **Our Impact**



1,733
UNIQUE PATIENTS



9,731
FREE CARE VISITS



1,489

DENTAL HYGIENIST

VISITS



406
DIABETES & DIET
TEACHING VISITS



2,015
MENTAL HEALTH CLINICIAN VISITS

## **Our Timeline**



#### **January**

Margaret Rowe, our clinic pharmacist, became a certified diabetes care and education specialist.

#### **February**

Less Cancer's National Cancer Prevention Workshop featured key leaders in cancer prevention, journalism, education and gov't, including our executive director, Rob Marino.

#### May

Our volunteers participated in the Every Kid Healthy Week and the Get Healthy Fauquier Fair.

#### June

Held Clubs & Scrubs Charity Golf Tournament.

#### **August**

Our medical and dental teams attended mental health first aid training, presented by the Mental Health Association of Fauquier County.

#### September

Our mental health counselor, Cheryl Simms, LPC, CSAC, was recognized by the Pentagon for her work in suicide prevention.



## **Our Timeline**

#### September

Stacey Shepherd (PA-C) began piloting women's health services one day a week.

Our team hosted the Rappahannock Rough Ride fundraiser.

#### **October**

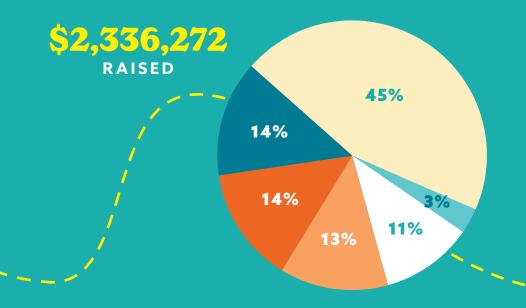
Participated in the Piedmont Smiles' free community dental day.

#### **November**

Our dental volunteers provided examinations, risk assessments and learning resources for children in the Head Start program.



## **Financials**

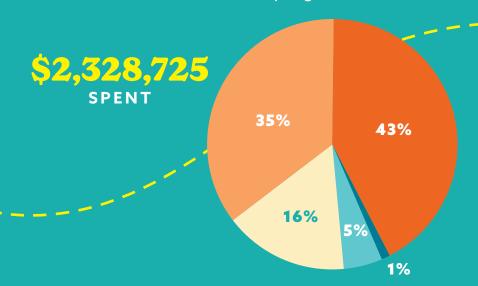


- \$1,048,435
   Foundation Grants
   & Giving
   45%
- \$323,240
  State Free Clinic Assn.
  14%
- \$250,000
  PATH Mental Health
  11%

- \$320,926 Medicaid, Government & Emergency COVID Funds 14%
- \$313,928 Donations & Local Gifts 13%
- \$79,743Fundraising Events3%

## **Financials**

The Fauquier Free Clinic delivers over \$6.00 in health care services for every \$1.00 donated to the program.



#### the journey of your dollar

	\$985,075	to medical care & pharmacy	43%
	\$807,495	to dental care & hygiene	35%
•	\$379,016	to mental health services	16%
	\$124,570	to administration	5%
	\$32,569	to building and utility	1%

### **Piedmont Smiles**

In October, we hosted a free community dental day,

Piedmont Smiles. At this event, we were able to serve 211 patients providing dental care services, including hundreds of fillings, dental extractions, surgical care, and cleanings. Many shared they had not received dental care in years. In some cases, it was their first-ever encounter with a dental professional.

The volume of patients who sought free dental help is a reminder to us that oral health is still a critical unmet need for many local families. Since dental health is essential to overall health, we have initiated renovations to add four more dental chairs to the Free Clinic and grow our clinical staff to increase the number of dental care visits we are able to provide.



Patients served in one day





## **Patient Story**

Our patient "Sofia" had been coming to the clinic to manage other health concerns for a while before we could offer her a complete physical and cancer screening. She admitted that she was scared of this kind of visit because her women's health care experiences had often been unpleasant or even painful. She remembered having a panic attack during an outpatient women's exam and IUD placement some years prior.

Our nursing team encouraged her to consider that as she gets older it is more and more important to keep up with recommended screenings and take time to review her overall health. After her visit, Sofia was overwhelmed to find that her exam was completely different from her past experiences. She shared that, "This was the best women's health appointment I've ever had in my life. Stacey Shepherd was not only gentle but her ability to provide expectations and clearly communicate the procedure allowed me to relax and feel safe. I felt like a valued patient, and I will absolutely come back in the future!"

We are very excited to continue expanding our services so that high-quality care can be more accessible to the underserved women in our community.





## **Expanded Care**

In May 2021, Fauquier Free Clinic leadership initiated a comprehensive survey of clinic stakeholders in order to facilitate strategic planning. This included a broad spectrum of affiliations and partnerships, as well as the most important group of stakeholders — our patients.

In total, 289 patients and 74 community partners completed and returned the survey, providing a large and diverse respondent pool. Their feedback pointed to the same two needs in our community, providing us with a clear path forward: expanding dental care capabilities and providing women's health services.



# Looking forward: **Dental Expansion**

Dental care is health care and is critical to overall patient welfare.



The current space will be renovated to add four operatories.



With two full-time dentists and two full-time hygienists in the new setting, we will increase capacity from 300 encounters monthly to over 500.



Additional rooms will allow us to host volunteer specialists or add more hygienist care after the initial period.



Limit outside referrals with the goal to provide more quality care in-house.



## Looking forward:

# Women's Health Expansion

Women's health care is an area of significant need that has not been accessible for lowincome women in our community.



New dedicated shifts for preventive care visits focused on women's health needs.
Includes family planning and other support.



More thorough assessments and health tracking, from intake and triage to outside referrals and specialist visits.



Arranging prenatal vitamins for pregnant and breastfeeding mothers.



Additional screening and support for women in unstable home environments.



Ensure our patients are receiving recommended cancer screening such as PAP smears and mammograms.

## Leadership

#### **Board of Directors**

**Dave Willey**President

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Renee Snyder Norden, M. Ed Warrenton, VA

**Yesenia Reyes** Bristow, VA

Maria M. Rodriguez Remington, VA

Prashant Shrestha Warrenton, VA

Richard Swift, MD Warrenton, VA

Christopher Ward, MD Warrenton, VA

### Clinic Leadership

Rob Marino, MSW Executive Director

Toni C. Kilyk, MD Medical Director

Elaine Brogan, RN, BSN Patient Care Coordinator

Shannon Raybuck, LPC
Mental Health Care Coordinator

Carrie Wilvert
Dental Coordinator

**Debbie Rhodes**Volunteer Coordinator

Zoila Cortes, MPH Community Health